

ROLE OF DOOSHIVISHA IN PRATISHYAYA WITH REFERENCE TO NON-ALLERGIC RHINITIS

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ABSTRACT

Rhinitis is a common health problem for which many patients do not seek appropriate medical care. It is an inflammatory disorder of the nasal mucosa characterized by nasal congestion, rhinorrhea and itching and often accompanied by sneezing and conjunctival irritation. According to findings in a recent study, the illness resulted in more than 6 million missed work days, two million missed school days and too reduced activity days. These figures are certainly higher today, less often diagnosed because of the higher cost of new medications and increasing prevalence of this condition. Dooshivisha is a low potent poisonous substance which resides in the body and vitiates dhatus when favourable conditions occur. The most clinically prevalent form of Non-allergic Rhinitis is vasomotor or idiopathic rhinitis, appears to be a hypersensitive response characterised by sporadic or persistent perennial nasal symptoms that are triggered by virtually any change in environmental conditions such as strong smells, cold air, changes in temperature, humidity etc unrelated to a specific allergen. Such particulates physically irritates the nasal and sinus lining causing symptoms. Though patients with non-allergic rhinitis may show negative on allergies on initial testing, over the next years at least quarter of patients will eventually develop allergies with positive testing. The pathophysiology of dooshivisha as well as pratishyaya includes dhatudusti, asyadusti due to indulgence in environmental toxicants, unwholesome ahara ,vihara etc. Diagnosis is dependent on a thorough history and exclusion of other underlying conditions. Non-allergic rhinitis tends to require chronic medical management. Dooshivisha chikitsa is found to be more suitable for the permanent cure from this disease condition. Prevention of the disease by healthy maintenance of body is also found to be important.

Keywords : Rhinitis, dooshivisha ,Non –allergic ,chikitsa