

# Review on dooshivishariagada over gadgadavak

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## Abstract

Dooshivisha is a condition where in a visha settled in the body produces ailments when triggering factors are stimulated. Dooshivisha on long term affects rasadidhatus causes symptoms like Bell's palsy, hoarseness of voice, and other symptoms. Hoarseness of voice, dysarthria, dystonia, etc. can be correlated to gadgadavak mentioned in samhitas. DooshivishariAgada is a herbo-mineral formulation containing twelve ingredients taken in equal quantity which is mentioned for the treatment of dooshivisha. An attempt is made to collect the literary details of drugs of dooshivisha and dooshivishariAgada. The method adopted is review of literature from brihatrayi and online open accessed journals. The effect of drugs in dooshivishariAgada with guna and karma has been enlisted and their action on hoarseness of voice, dysarthria, dystonia in combination of herbo-mineral drug elicited. Dooshivishariagada contains pippaliyadi drugs with gairika which can be used not only in dooshivisha condition but also in other conditions. Gairika acts on kandu, daha, visha and other drugs which have ushnaguna reduces the hoarseness of voice and helps in proper pronunciation of words.

## INTRODUCTION:

Body is made of three doshas, they are vata, pitta and kapha. Prakopa of any doshas will leads to many diseases. Kapha has sthana in kanta, pranavata travels between uras and kanta, UdanaVata is responsible for vakpravruithi (speech). When there is exposure to vishadidhuma(dust, smoke) causes kasaetc diseases. Tobacco, alcohol (stavaravisha) on severe exposure (dooshivisha) causeskantaruja(pain).Gadgadavak can be co-related to hoarseness of voice, dysarthria, dystonia etc due to different causes like laryngitis, severe cough, carcinoma etc on exposure to dust, smoke, tobacco, alcohol. These can be treated like dooshivisha by giving dooshivishariagada. It is a herbo-mineral medicine containing twelve drugs which acts on the kapha and vata reduces the effects of dooshivisha.

## Pathology

Visha present in atmosphere and in foods acts on vatadi doshas , prana vata which is responsible for respiration , and ingestion moves through urah pradesha and kanta padesh causes kapha vilayana in kanta, rasa gets prakopa , when there is vruddi cause shlata angata(loosens the oragan- vocal cord ) later cause kasa and shwasa which leads hoarseness of voice (gadgadavak). When rasa gets kshaya cause dryness (roukshya), shosha(emaciation) of vocal cord cause kanta ruja, and gadgadavak

Hoarseness of voice is and abnormal change in the voice caused by irritation of, or injury to the vocal cord (larynx). Most common cause is acute laryngitis by URTI and overuse or misuse of voice. And other causes may be vocal cord paralysis, GERD, Thyroid problem, cancer of larynx etc.

## Results

Dooshivishari agada

Herbomineral formulation which is explained by Sushruta,Vagbhata, Yogaratnakara and Bhavaprakasha. It contains twelve ingredients taken in equal quantity.

Drug	Rasa	Guna	Veerya	Vipaka	Karma
Pippali	Katu	Laghu Snigda Tikshna	Ushna	Madhura	Kapha vata hara
Dhyamaka	Kashaya Tikta	Laghu Snigda	Ushna	Madhura	Tridosahara
Jatamamsi	Tikta Kashaya Madhura	Laghu Snigda	Sheeta	Katu	Tridosahara
Lodra	Kashaya Tikta	Laghu Snigda	Sheeta	Katu	Kapha pitta hara
Ela	Katu Madhura	Laghu Ruksha	Sheeta	Katu	Kapha vatahara
Suvarchika	Madhura	Guru Snigda	Sheeta	Madhura	vatapittahara

Katannata	Tikta Katu	Laghu Snigda	Ushna	Katu	Kaphavatahara
Tagara	Tikta Katu	Laghu Snigda	Ushna	Katu	Kaphavatahara
Kushta	Tikta Katu Madhura	Laghu Ruksha Tikshna	Ushna	Katu	Vatakaphahara
Yashtimadhu	Madhura	Guru Snigda	Sheeta	Madhura	Tridosahara
Rakta chandana	Madhura Kashaya	Snigda	Sheeta	Madhura	Pitta kaphahara
Gairika	Madhura Kashaya	Snigda Seeta	Seeta	Madhura	Kandugna, dahagna, vishagna

## Discussion

Dooshivishari agada is herbo-mineral drug which contains drugs like pippali, dhyamaka, jatamamsi, lodra, ela ,suvarchika,kutannata, natha, kushta, yashti, chandana, gairika which have predominantely madhura rasa. Guna-laghu snigda, veerya- sheeta, and madhura katu vipaka. Kapha vata hara karma. Acharyas have mentioned cha anyatra api varyathe (it can be given in condition) caused by dooshi visha.

## Conclusion

Gadgadavak is due to kapha kshaya, vata prakopa and rasa prakopa. The drugs mentioned above are having madhura rasa, laghu snigda guna, sheeta veerya, madhura katu vipaka acts on kapha and vata helps in reduction of hoarseness of voice. It can be administered in the form of gargling or tablet form.

## Reference

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